



# 2025 CANADA GAMES SWIM NOVA SCOTIA



The following are the nomination standards for the 2025 Nova Scotia Canada Games ID Swim Team & Final Team for Olympic Swimmers, Para Swimmers, Special Olympic Swimmers, and Staff. Swim Nova Scotia reserves the right to amend this document as deemed appropriate.

Swim Nova Scotia selects two (2) different teams in preparation for the 2025 Canada Games:

1. ID TEAM (potential athletes)
2. CANADA GAMES TEAM (confirmed athletes)

**Swimmers named to the ID Team may NOT make the final Canada Games Team; swimmers CAN make the final Canada Games Team without being named on the ID Team.**

All members must meet the Canada Games Eligibility Requirements as outlined in the Canada Games Technical Package.

## ABLE-BODIED SWIMMERS

### Swimmer Age

Females: Born 2009 or later  
Males: Born 2008 or later

### ID TEAM SELECTION CRITERIA

1. Athletes who are fully qualified for 2025 Canadian Swimming Trials OR Canadian Senior Short Course Championships by May 1, 2025.

#### AND / OR

2. Athletes who achieve one Swim Nova Scotia ID Team standard. *Performances must occur between January 1, 2025, and June 15, 2025, in any Swimming Canada sanctioned event*

### CANADA GAMES TEAM SELECTION CRITERIA

Based on long course results from January 1, 2025-June 15, 2025, in any SNC sanctioned event.

1. The highest ranked swimmer in Sprint Freestyle (50-100m), Mid-Distance (200-400m), Distance Freestyle (800-1500m), Backstroke (100-200m), Breaststroke (100-200m), Butterfly (100-200m), and Individual Medley (200-400m), seven males and seven females will gain selection to the team. In the case of athletes selected in multiple event groups, performances will be ranked as a percentage of [Swimming Canada's On Track times](#) (Track 1 Times) with the highest ranked swimmer being selected in their top event group.
2. The next five top ranked males and females, who achieve a Swim Nova Scotia Selection Time(s) in an Olympic event, will be selected to a maximum team size of 12 female and 12 males. Tie Breaking will be determined as stated below. \*
3. If spaces remain, swimmers who achieve a Swim Nova Scotia Selection Time(s) in a non-Olympic event may be ranked and selected. Selection may be to a **maximum** team size of 12 males and 12 females (two additional females and two additional males may be announced as alternates).
4. If spaces remain, the fastest four swimmers in each of the 100 and 200m freestyle events under the 2025 NS Canada Games ID Team standards may be ranked and selected. Selection may be to a maximum team size of 12 males and 12 females.
5. If spaces remain, the fastest swimmer(s) from each of the 100m backstroke, breaststroke and butterfly events under the 2025 NS Canada Games ID Team standards may be ranked and selected. Selection may be to a maximum team size of 12 males and 12 females.

\* Tie Breaking: Where there is a tie in the swimmer selection process under criteria 1 & 2, the swimmer's second-best Olympic event will be used for ranking. Where there is a tie in the swimmer selection process under criteria 3 or 4, the swimmer's best Olympic event will be used for ranking. Athlete performances will be ranked as a percentage of [Swimming Canada's On Track times](#) (Track 1 Times).

Based on long course results from January 1, 2025 - June 15, 2025, in any SNC sanctioned event.

Please Note: nomination to the team due to a result in a specific event does not mean they have been selected to the team to swim that event at the 2025 Canada Summer Games. The coaching staff will determine the entries after the team has been selected that leads to the best possible outcome for Team Nova Scotia.

*Should Swim Nova Scotia determine that unforeseen circumstances have arisen during the process of applying these Criteria, Swim Nova Scotia shall have the full and absolute discretion to resolve the matter as it sees fit, considering factors and circumstances that it deems relevant.*

## QUALIFYING TIMES

WOMEN'S STANDARDS		EVENTS	MEN'S STANDARDS	
ID TEAM TIMES LCM	SELECTION TIMES LCM		SELECTION TIMES LCM	ID TEAM TIMES LCM
30.44	28.74	50 FREE	26.06	27.59
1:05.52	1:01.88	100 FREE	56.06	59.35
2:22.21	2:14.31	200 FREE	2:02.66	2:09.87
5:00.26	4:43.58	400 FREE	4:20.81	4:36.15
10:19.51	9:45.09	800 FREE	8:58.56	9:30.24
19:35.40	18:30.10	1500 FREE	17:09.78	18:10.35
33.90	32.02	50 BACK	29.43	31.17
1:12.13	1:08.12	100 BACK	1:02.62	1:06.31
2:36.21	2:27.53	200 BACK	2:14.29	2:22.19
36.53	34.50	50 BREAST	31.30	33.14
1:21.18	1:16.67	100 BREAST	1:09.56	1:13.65
2:55.07	2:45.34	200 BREAST	2:29.90	2:38.72
31.95	30.18	50 FLY	27.03	28.62
1:11.01	1:07.07	100 FLY	1:00.07	1:03.60
2:35.39	2:26.76	200 FLY	2:13.62	2:21.48
2:40.71	2:31.78	200 MEDLEY	2:18.27	2:26.40
5:39.13	5:20.29	400 MEDLEY	4:54.50	5:11.82

## TIMELINES

MILESTONE	DATE	NOTES
Final Team Selection Information Circulated to Coaches	Week of March 25 <sup>th</sup> , 2025	Email to all Head Coaches & posted on Swim NS webpage
Draft 2025 Canada Games ID Team Circulated to Coaches	Week of April 7 <sup>th</sup> , 2025	Email to all Head Coaches for review
2025 Canada Games ID Team v1 Published	Week of April 14 <sup>th</sup> , 2025	Email to all Head Coaches & posted on Swim NS webpage
2025 Canada Games ID Team v2 Published	Week of May 5 <sup>th</sup> , 2025	Posted on Swim NS webpage
2025 Canada Games ID Team v3 Published	Week of May 26 <sup>th</sup> , 2025	Posted on Swim NS webpage
2025 Canada Games ID Team Camp	May 31 <sup>st</sup> , 2025	Dalplex Pool (TBD), Pool & Classroom Session
2025 Canada Games Final Team Selection*	June 17 <sup>th</sup> , 2025	Selection finalized following NS LCM AAA Tuesday after finals
2025 Canada Games Final Team Commitment	June 20 <sup>th</sup> , 2025	Athletes & Staff Final Day to Accept/Withdraw
2025 Canada Games Final Team Announcement	June 23 <sup>rd</sup> , 2025	Athletes & Staff are officially announced and invited

*\*May include up to 2 Olympic females and 2 Olympic males who are named as alternates*

## PARA SWIMMERS

### Swimmer Age

All PARA swimmers (classes S1-S14) must be between 13-25 years of age (born between 2000-2012)

### ID TEAM SELECTION CRITERIA

- All Swim NS registered Para swimmers that are eligible for the 2025 Canada Games may automatically participate in the ID Team

### CANADA GAMES TEAM SELECTION CRITERIA

- Combined aggregate performances at 2025 SNS AAA LCM Championships based on PARA absolute rank. (If swimmers choose not to compete in the full PARA event schedule, points will be awarded at the lowest ranking at the meet plus one in that event).
- All Swimmers must compete at 2025 SNS AAA LCM Championships in the PARA events to be considered for nomination.
- Swimmers must be Nationally Classified by May 2025.

## SPECIAL OLYMPIC SWIMMERS

### Swimmer Age

All Special Olympics Canada registered swimmers must be between 13-25 years of age (born between 2000-2012)

### ID TEAM SELECTION CRITERIA

- All Swim NS registered Special Olympic swimmers that are eligible for the 2025 Canada Games may automatically participate in the ID Team

## CANADA GAMES TEAM SELECTION CRITERIA

- Swimmers will be selected on an aggregate points accumulation from top swims from May 1, 2025-June 15, 2025 using points placing from the 2025 SO results (if swimmers choose not to compete in the full SO event schedule, points will be awarded at the lowest ranking at the meet plus one in that event)
- All Swimmers must compete at 2025 SNS AAA LCM Championships in the SO events to be considered for nomination.

### STAFF

#### TEAM LEADER/MANAGER:

- Swim Nova Scotia will appoint the Lead Team Leader/Manager

#### LEAD COACH & ASSISTANT COACHES:

- All Coaches must meet the Canada Games Eligibility requirements outlined in the 2025 Canada Games Technical Package, including CAC Making Headway In Sport Module, CAC Safe Sport Module, CAC Canada Games Module, CAC Rule of 2 Module
- All Coaches must be members in good standing with Swim Nova Scotia, Swimming Canada and the Canadian Swim Coaches and Teachers Association
- Swim Nova Scotia will appoint the Lead Coach
- **Application for intent of consideration received by May 23<sup>rd</sup>, 2025** for Assistant Coaches (*further information outlining application requirements will be circulated to eligible Coaches*)
- Final Selection will be announced June 23, 2025

#### APPOINTMENT:

One Lead Coach and up to four team coaches may be appointed. Both genders will be represented on the Coaching Staff. All coaches must have coached in a year-round program in Nova Scotia for at least one year. Swim Nova Scotia Executive Director will nominate the staff including the Lead Coach, Assistant Coach(es), and Apprentice Coach. Extenuating circumstances may be considered.

#### APPEALS

Appeals may be considered for Canada Games ID Team and Final Team Selection for all Olympic, Para & Special Olympic Swimmers and all Coaches.

Please refer to the Swim Nova Scotia Appeals Policy and apply through your Club President or Club Head Coach.